

Clean and prep the new space, bumpers are on the way, pullup rig should arrive next week. 25 rubber mats are stacked in the corner (with 18 still to come) and 3 sheets of dry erase board. add that to the 2 airdyne bikes, C2 rower, homemade GHD, 1000 lbs of iron weights, barbells, kettlebells, dumbbells, medicine balls, fat rope, rings, jump boxes, tires, sloss pipe, sandbags (25-85#) heavy bags - plus the library and the sound system. friday is move in day, and can not get here soon enough.

before:

