

weight is a funny thing.

how much does a wedding ring weigh?

or a newborn child?

there is significance. there is commitment. there is expectation.

nothing adds weight like the confidence of others.

nothing adds weight like feeling responsible for something that is not wholly your own.

this weight is emotional.

this weight is symbolic.

logically, we can ignore it.

we can choose not to give the symbol power.

but at what cost?

keep that logic. remain goal oriented...

what are the consequences of giving these symbols power?

how does the gravity, the emotional attachment, affect your behavior?

easy lives encourage laziness.

too much praise causes us to start believing it.

a symbol. a goal.

a reminder of whats important. of the price that must be paid.

that is commitment.

that is weight.

i am not married.

i have no children.

the heaviest thing i own is a few ounces of ring-spun cotton.

it is a symbol.

it is a goal.

it is a judge.

and it must be earned each and every day...

and i will be better for it.