

There is pure terror in self-actualization. - dan harm (<http://chasingafter2012.blogspot.com/>)

amen.

wanting is not enough. wishing is not enough. praying is not enough.

doing. action. ability. this is what we need to deal with.

training is a constant reminder of small steps. of constant pressure. of slow trends and long term gains. training reminds us that what we want matters only as far as we act on it. that even the most perfect plan is utterly useless if left unexecuted.

the terror inherent in self actualization is that there is no one else to blame. time is finite, and fleeting. if you want to truly excel at something it is going to cost. we cut things out of our lives we deem unnecessary. we focus. we weigh and measure and calculate. true cost. worth. we spend our moments like a mizers pennies, knowing each is irreplaceable - but useless in the purse.

wishing things are different does not make them so. do work. and give things the attention they deserve.



it is simple. work hard. work smart. stand or fail on your own efforts. time spent wishing is time wasted.



wishes did not get you here.